



Thinking about LASIK or already had it?

Why eye exams still matter – before and after treatment.



LASIK can be a great option for long-term vision correction – but it's not a substitute for routine eye care. Whether you're planning for LASIK or enjoying life without glasses, annual comprehensive eye exams help protect your sight and overall health.

Before LASIK: Eye exams set the foundation for a safe procedure

A comprehensive eye exam is the first step in determining if LASIK is right for you. Many LASIK providers offer this exam at no cost to help assess your eligibility and personalize your treatment.

Your eye care provider will check for:

- Stable vision prescription
- Healthy corneas and retinas
- Map of corneal imperfections
- Corneal thickness and pupil size
- Signs of eye conditions like glaucoma, cataracts or dry eye syndrome

After LASIK: Eye exams help protect your vision for life

Even after LASIK, your eyes continue to change. Regular exams help monitor your vision and detect issues early, including:

- Age-related changes like presbyopia
- Conditions such as glaucoma, macular degeneration and diabetic retinopathy

Keep your LASIK benefits active

If your LASIK provider offers a lifetime commitment, annual eye exams may be required to stay eligible.

Don't miss out – stay current with your checkups.

Save with QualSight® LASIK

UnitedHealthcare Vision members have access to:

- A no cost LASIK consultation
- Bladeless laser vision correction procedures
- The choice of more than 800 locations nationwide¹
- Financing options
- Follow-up procedures to ensure optimal vision correction results, with extended coverage plans also available
- Personal QualSight Care Manager for one-on-one help throughout the process

Stay on top of your eye health

Whether you're exploring LASIK or maintaining your post-procedure vision, don't skip your annual eye exam. It's a simple step that supports your sight and your overall health.



Trusted experience nationwide

QualSight LASIK surgeons have performed over

7M

procedures across the United States.²

Learn more

Visit uhc.qualsight.com or call **1-855-321-2020** to schedule a no cost LASIK consultation

United Healthcare

¹ Network location count as of January 2025.

² QualSight LASIK procedure count as of September 2025. <https://uhc.qualsight.com/>

American Optometric Association. "Comprehensive Eye Exams" <https://www.aoa.org/healthy-eyes/caring-for-your-eyes/eye-exams>. Accessed August 2025. American Academy of Ophthalmology. "Eye Exam and Vision Testing Basic" <https://www.aao.org/eye-health/tips-prevention/eye-exams-101>. Accessed August 2025. U.S. Food & Drug Administration. "What is LASIK?" <https://www.fda.gov/medical-devices/lasik/what-lasik>. Accessed August 2025. Mayo Clinic. "LASIK eye surgery" <https://www.mayoclinic.org/tests-procedures/lasik-eye-surgery/about/pac-20384774>. Accessed August 2025. National Eye Institute. "Eye Conditions and Diseases" <https://www.nei.nih.gov/learn-about-eye-health/eye-conditions-and-diseases>. Accessed August 2025.

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ATENCIÓN: Si habla español (Spanish), hay de asistencia de idiomas, sin cargo, a su disposición. Llame al número de teléfono gratuito que aparece en su tarjeta de identificación.

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